

Mind in Harrow

Hayaan Somali Mental Health Project:

Olole Isbedel – Campaign for Social Justice



HAYAAN PROJECT
(Moving to a Better Place)

For better mental health

Summary - This presentation

- Olole Isbedel background
- Olole Isbedel activities 2014
- Achievements to date
- Pan-London Conference Feb 2015



Olole Isbedel – Background

Olole Isbedel means
'Campaigning for Change' in Somali.

The campaign is part of the Hayaan Project which
means 'Moving to a Better Place' in Somali.



Olle Isbedel – Background

Need for the Campaign: National evidence

- Bradley Report 2009 recommendations & national implementation plan:
- Aim for more offenders with severe mental health problems to be diverted away from prison
- Sainsbury Centre for MH Bradley review 2014



Olole Isbedel – Background

Mental Health Crisis Care Concordat (Feb 2014):
Joint statement & action plan

“We commit to work together to improve the system of care and support so people in crisis because of a mental health condition are kept safe and helped to find the support they need – whatever the circumstances in which they first need help – and from whichever service they turn to first....”



Olole Isbedel – Background

Guidance for Commissioning Mental Health Services for Vulnerable Adult Migrants (Fassil and Burnett 2015)

Mind, Pathway and the Health Inclusion Board, NHS England

“Hard to reach..... or easy to ignore?”

- Migrant populations: diverse, less visible, poorly recognised by commissioners
- Better identify migrant needs throughout the commissioning process, from strategic planning through to monitoring & evaluation of provider services



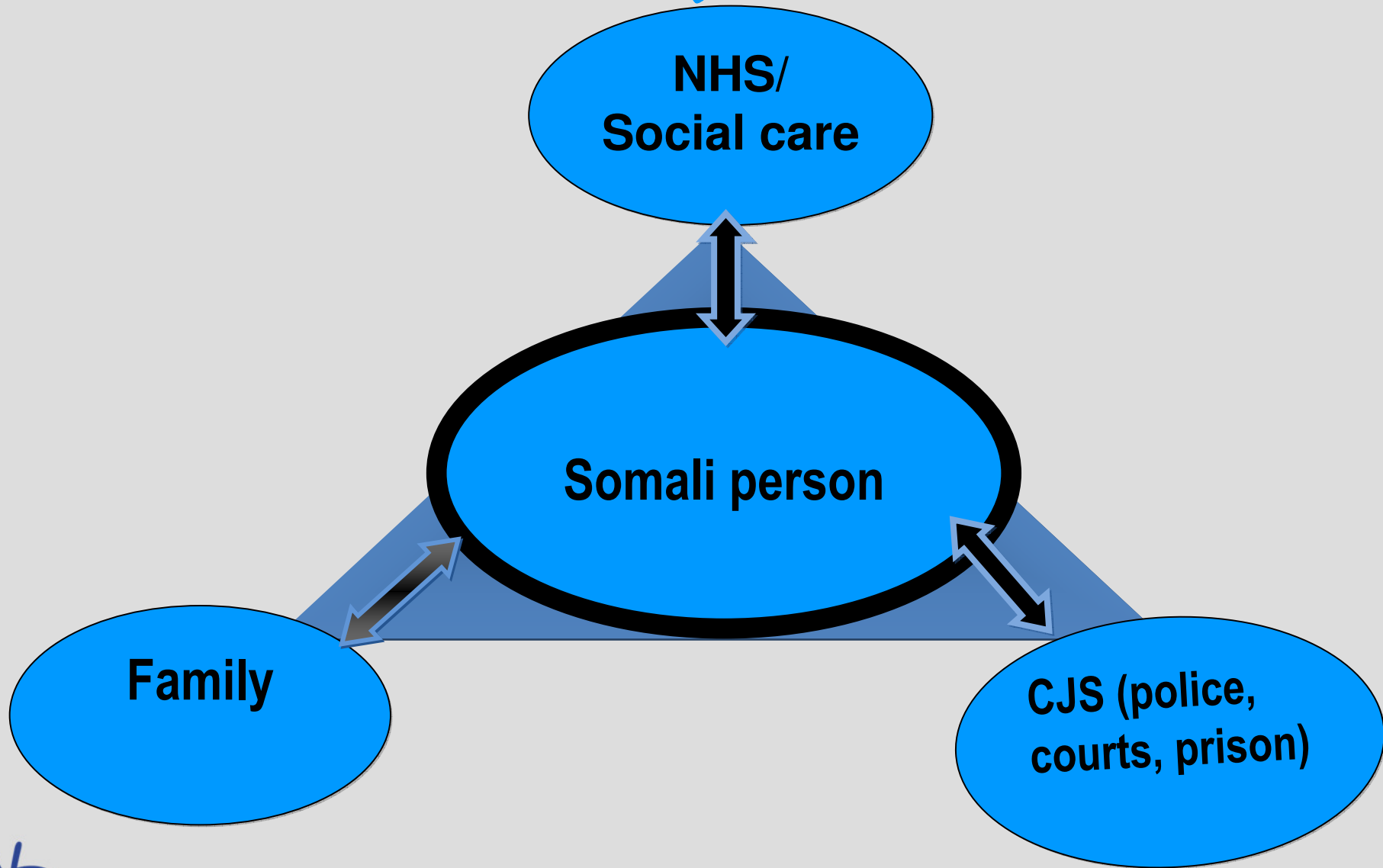
Olole Isbedel – Background

Need for the Campaign – Local evidence

- Through 1:1 advocacy casework over 5 years:
- Many examples of lack of coordination between NHS mental health services & criminal justice system locally for Somalis in mental health crisis



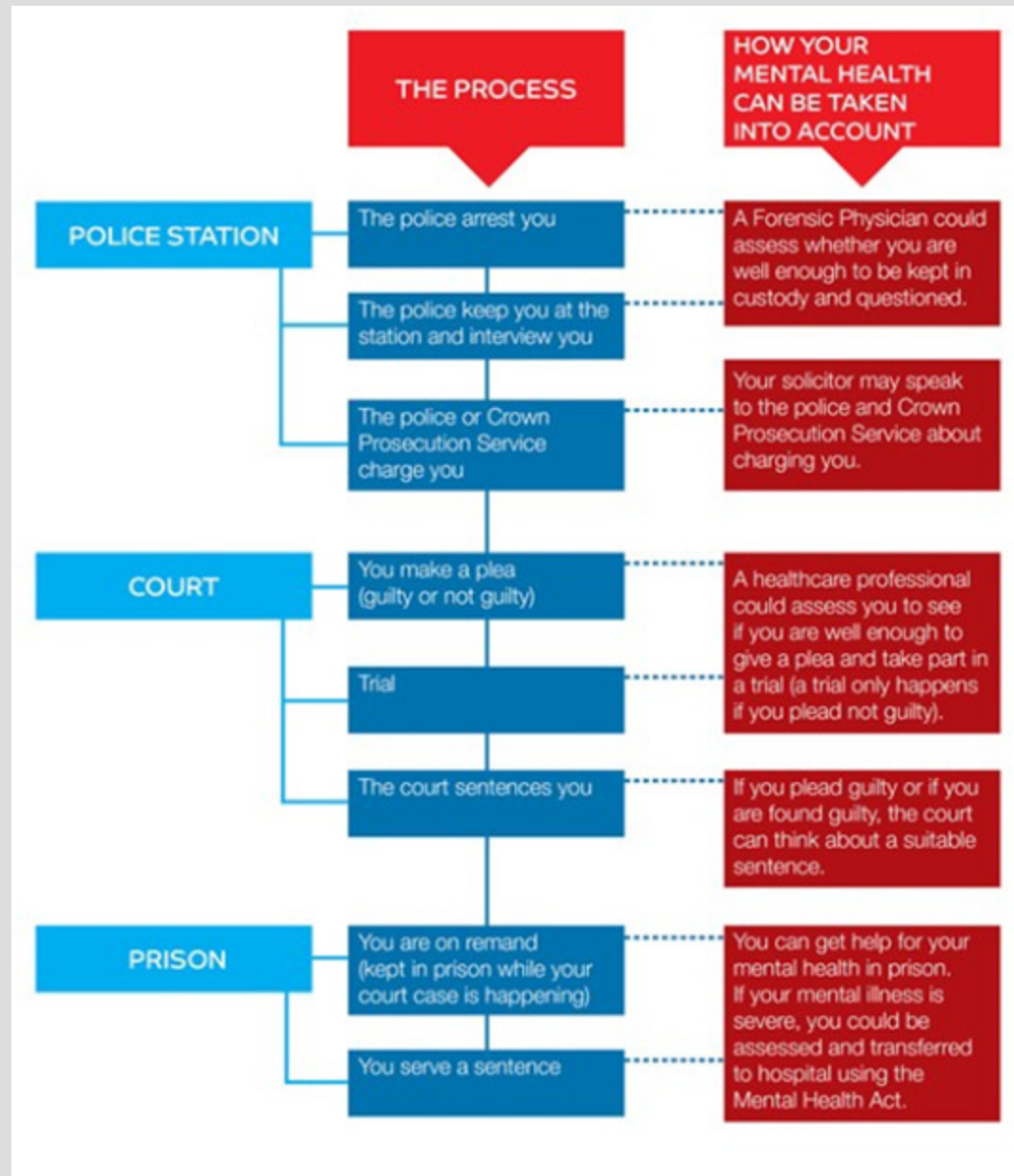
Olole Isbedel – Background



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For better mental health

Olole Isbedel – Background



For better mental health

Olole Isbedel – Activities 2014

Fortnightly information, campaigning and support workshops in Harrow and Brent

Bi-monthly stakeholders Campaigns Group

Training for a team of Somali Community Campaigners

1:1 advocacy with Somalis in mental health crisis

Pan-London Conference about Somali mental health and criminal justice system



Olole Isbedel – Achievements 2014

Achievements 2014 with Somali community

Two training programmes run for Somali project Peer Campaigner volunteers on:

- campaign skills
- criminal justice system and
- mental health services



Olole Isbedel – Achievements 2014

Achievements 2014 with Police

Olole Isbedel Coordinator has joined the Police Independent Advisory Panel for Harrow:

- Trained in October 2014
- First meeting with Borough Commander
- On Call to advise community engagement issues



Olole Isbedel – Achievements 2014

Achievements 2014 with NHS

- Presentation to NW London CCGs Urgent Care Expert Reference Group in October 2014
- Refugee needs incorporated into Urgent Care model to recommend to CCGs including Harrow
- Collaboration with CNWL mental health trust Harrow Forensic Community Service (FoCuS)



Olole Isbedel – Achievements 2014

Achievements 2014 with Harrow Council

Raising awareness of mental health needs of refugee communities:

- Feedback to Council equality objectives review
- Met Harrow Council Portfolio Cabinet members in December 2014



Olole Isbedel – Conference 2015

Bringing all progress together in London-wide
Conference:

- Transferrable learning for other BMER communities
- Learn from experiences across London



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