Days	Course and times	
MONDAY	Yoga – For Men & Women <u>11.30am - 1.00pm</u>	Tell Your Story Through Photography <u>3.30pm - 5.00pm</u>
TUESDAY	Doodle Art for Wellbeing <u>10.00am - 11.30am</u>	Stepping Stones to Confidence <u>12.30pm - 2.00pm</u>
WEDNESDAY	Doodle Art for Wellbeing <u>10.00am - 11.30am</u>	Stepping Stones to Confidence <u>12.30pm - 2.00pm</u>
THURSDAY	Yoga – For Men & Women <u>11.30am - 1.00pm</u>	Tell Your Story Through Photography <u>3.30pm - 5.00pm</u>
FRIDAY	NO CLASSES	