Days	Stepping Stones course timetable summer 2021	
MONDAY	Healing Yoga for Body & Mind: Men & Women 11.00am-12.30pm Course starts: 25/01/21 Course ends: 15/03/21	Creative Imagery for Fun and Mindfulness 3.00pm – 4.30pm Course starts: 01/02/21 Course ends: 22/03/21
TUESDAY	Storytelling with Doodle Art 10.00am-11.30am Course starts: 26/01/21	Singing for Fun 2.30pm-4.00pm Course starts: 26/01/21
WEDNESDAY	Course ends: 17/03/21 Calling all Men – Resilience & Brilliance 11.00am-12.30pm Course starts: 03/01/21 Ends: 24/03/21	Course ends: 16/03/21 Storytelling with Doodle Art 1.30pm-3.00pm
THURSDAY	Healing Yoga for Body & Mind: Men & Women 11.00am-12.30pm	Creative Imagery for Fun and Mindfulness 3.00pm – 4.30pm
FRIDAY	Calling all Men – Resilience & Brilliance 11.00am-12.30pm	Singing for Fun 2.30pm-4.00pm