

Mental health profile of Somali refugees

- There are about 2.6 million displaced Somalis worldwide (UNHCR) , 2007
- 600.000 Somali refugees in Kenya
- 250.000 live in the UK
- 80.000 in North America
- 30.000 in Scandinavian countries
- 200.000 in Yemen
- 10.000 in Italy
- NOS: Ethiopia, South Africa, Uganda, Australia and New Zealand

Mental health profile of Somali refugees

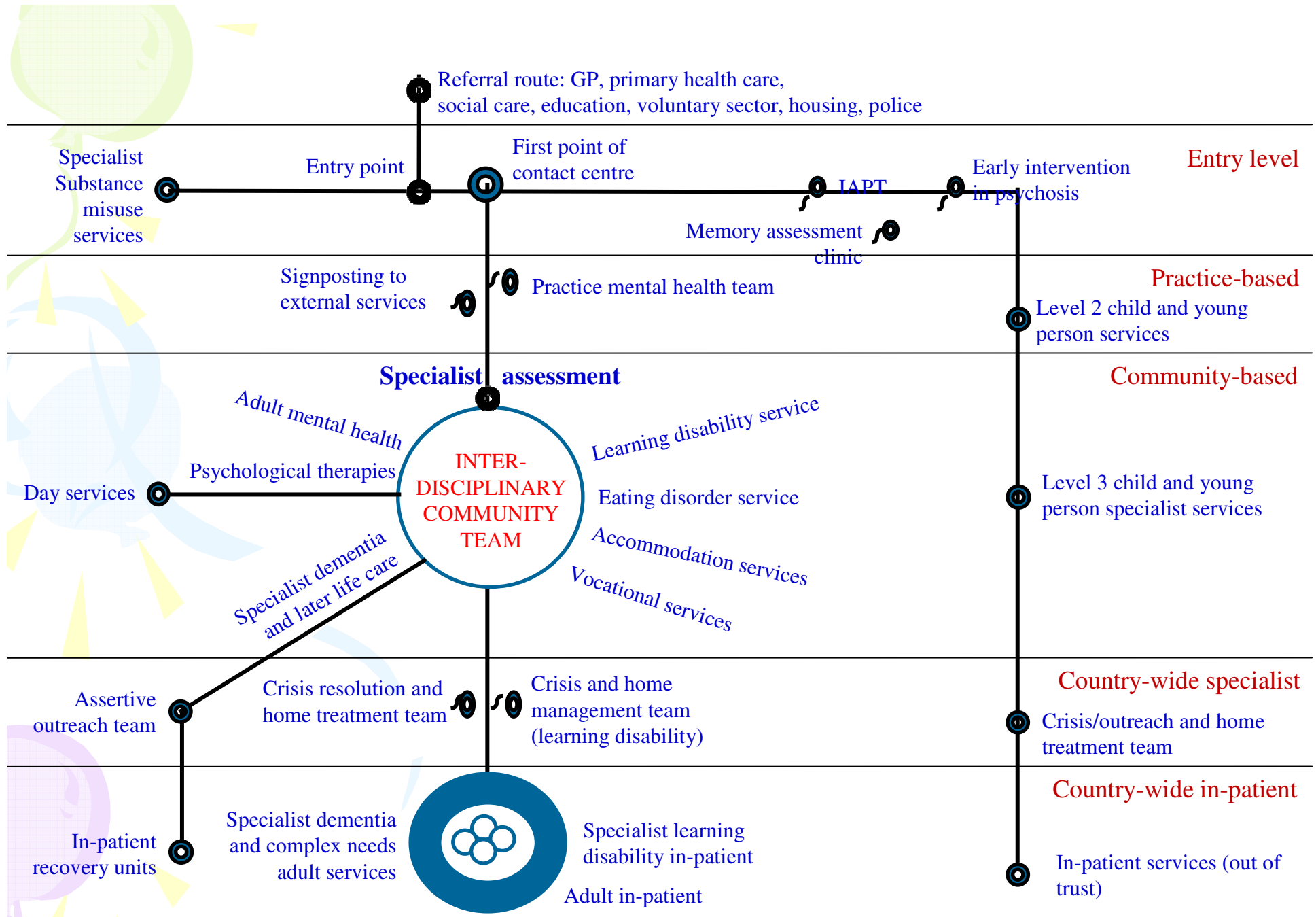
- There are several studies on Somali refugees worldwide:
- Bentley & Owens, 2008 in USA
- Bhui & Warfa, 2006 in UK
- Elmi et al, 1999 in Canada
- Guezi & Abdi, 2004 in New Zealand

Mental health profile of Somali refugees

- High rate of Post Traumatic Stress Disorders (PTSD)
- Generalized Anxiety Disorders (GAD)
- Dysthymia and Depression
- Alcohol and Drug abuses
- Self harm and suicide
- Increased child Autism births

Mental health profile of Somali refugees

- Main contributing factors include:::
- Social isolation
- Poor housing conditions
- Inter-generational conflict
- Unemployment
- Status incongruity
- Social stigma
- Discrimination
- Khat, Alcoholism and Drug abuses



Primary health services

- Can directly refer patients to:
- Substance misuse services
- Memory assessment clinic
- Early intervention in psychosis
- Immediate access to psychological therapy (IAPT)

Secondary specialist services Interdisciplinary Community Team

- **Adult mental health**
- **Learning disability**
- **Psychological Therapies**
- **Eating disorder services**
- **Specialist dementia assessment centre**
- **Accommodation services**
- **vocational services**

Psychiatric inpatient care

- **Routs to admission units:**
- **Community mental health team (CMHT)**
- **Crisis resolution and home treatment team**
- **Accident and Emergency centers**

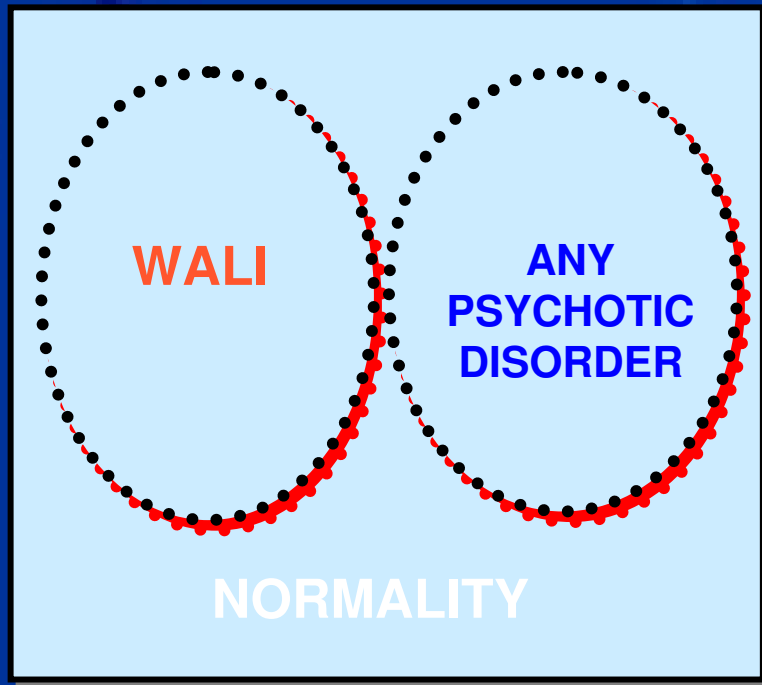
Psychiatric inpatient services

- **Assessment and diagnosis**
- **Treatment initiation and monitoring**
- **Discharging procedures and aftercare**
- **Community psychiatric care**
- **Care program Approach (CPA)**
- **Relapse Prevention**
- **Liaison with the GPs.**

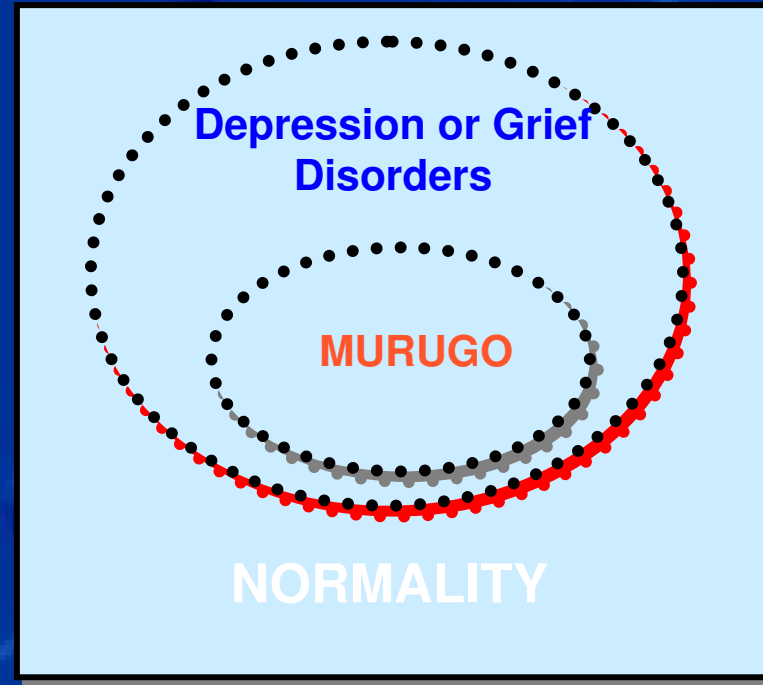
Patients admitted under Mental Health Act

- **Section.2**
- **Section.3**
- **Section.17A (Community Treatment Order)**
- **Section. 35-36 (Pre-trial)**
- **Section. 37 (Post-trial)**
- **Section. 41 (Restriction Order)**

Psychopathology in the Somali Concept



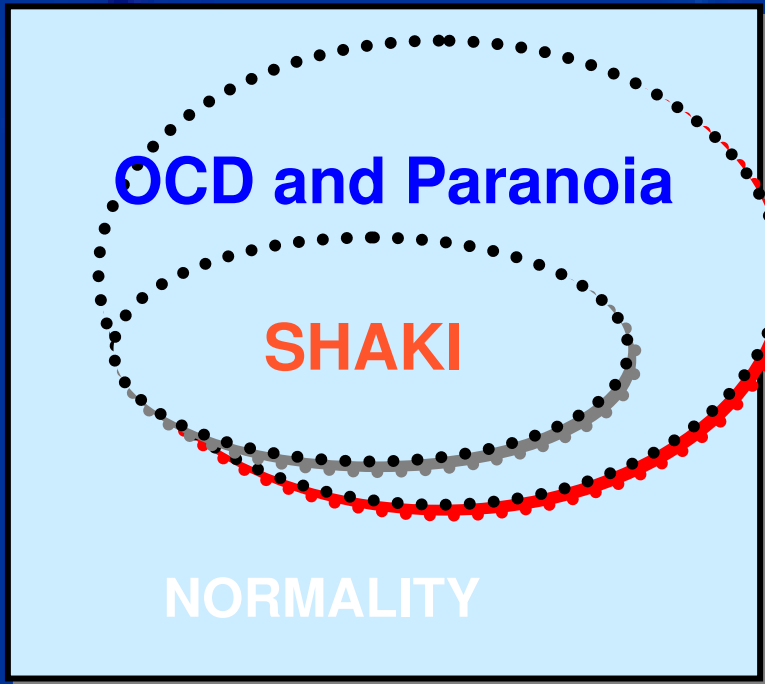
✦ **MODEL 1** ✦



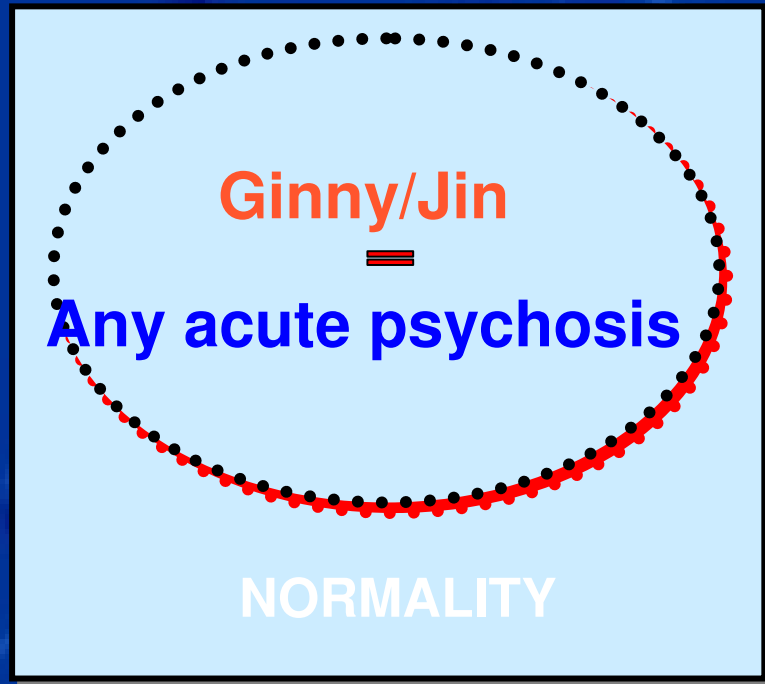
✦ **MODEL 2** ✦



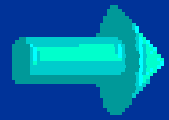
CONTINUE



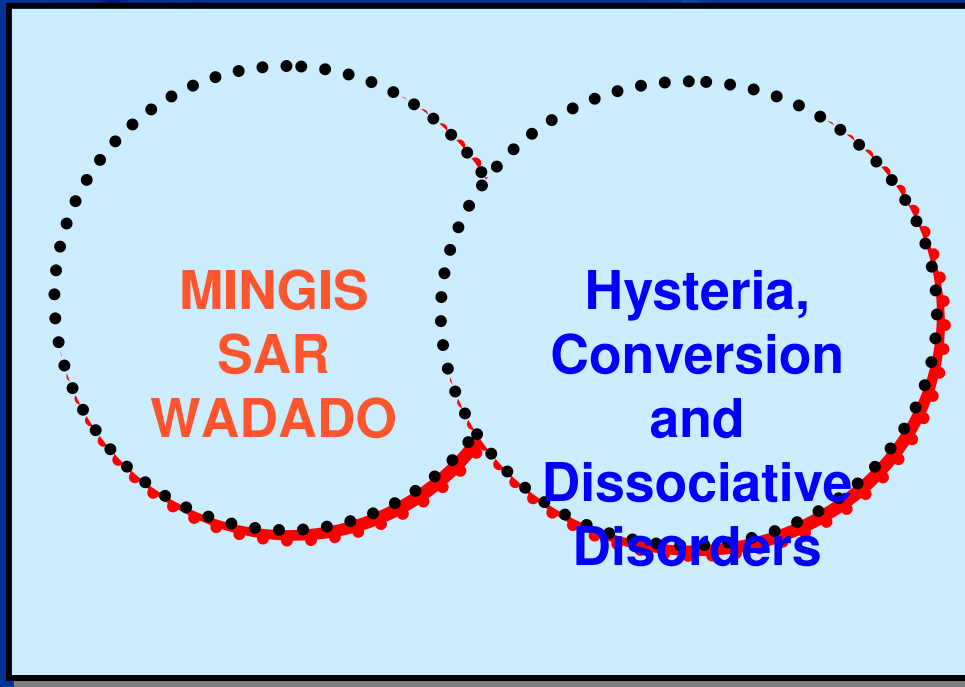
✦ MODEL 3 ✦



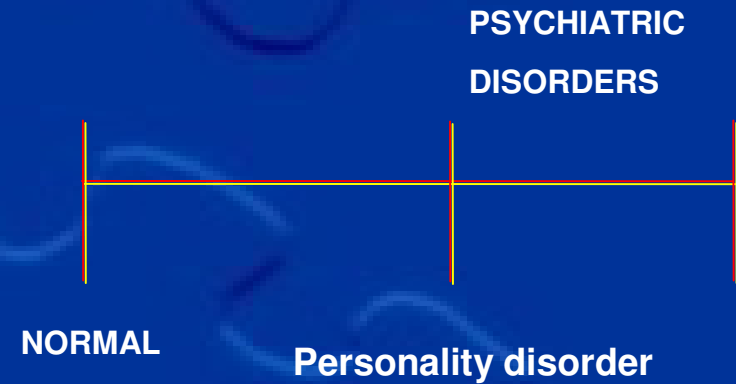
✦ MODEL 4 ✦



CONTINUE



✦ MODEL 5 ✦



MODEL 6