

Harrow



# Become a Trustee!

#### We are seeking new Trustees

**Do you have a passion to make a difference in the local community using your expertise and experience?** Could you assist Mind in Harrow to achieve our ambitious goals to help more people with mental health needs?

We are seeking a new Trustees to join our Board of Trustees who can offer service user perspective or other relevant expertise (including legal, housing, safeguarding or human resources) to help us achieve our Strategy. The day-to-day management of the organisation is undertaken by our senior management team.

## About the Trustee role

Trustees have an important and interesting role within charities to ensure that the organisation is well run and fulfils all its current and future commitments to its beneficiaries. We provide a full induction into the role and reimbursement of travel expenses. Mind in Harrow's trustees meet 8 times per year on Monday evenings. As we are a company limited by guarantee, trustees are also directors of the company. Mind in Harrow's offices are easy to access as they are located close to the Metropolitan line Harrow-on-the-Hill tube station. Currently most Board meetings take place virtually via Zoom.

# About Mind in Harrow

We won't give up until everyone experiencing a mental health problem gets both support and respect. <a href="http://www.mindinharrow.org.uk/">www.mindinharrow.org.uk/</a>

Mind in Harrow is an awarding-winning, independent local mental health charitable company affiliated to national Mind. We currently employ a dynamic and creative team of 40 full and part-time staff and over 100 volunteers supporting 3,500 local residents per annum. We have a mix of funding sources totalling £1.4m: NHS, local authority grants and contracts, personal budget purchases, grants from Lottery and charitable trusts, charity shop and community fundraising.

## How to apply

If you are interested in this opportunity, please send your CV to the Chair of the Board on <u>chair@mindinharrow.org.uk</u>, and we will contact you for an informal discussion prior to your formal application.

# Our Strategy

Mind in Harrow has ambitious plans for our future. We are seeking Trustees who can help us achieve them! We aim to reach more young adults 18-25 years old, offer more timely support to people in crisis and early help to Trustee recruitment background paper 2021

prevent people from needing long-term mental health services. We want to tackle the multi-discrimination and stigma which people can experience in their daily lives. We plan to diversify our income sources further by opening more charity shops, moving into managing rental property and developing a commercial training service.

#### Some Successes

Some achievements of Mind in Harrow include:

Winning a Mind Network Excellence Award for our collaborative work.



We achieved the Mind Quality Mark in 2018, with the assessor's report commenting "there is clear evidence of a well-structured, well run organisation... Trustees provide good leadership in ensuring that the organisation works to and is monitored against its strategy", and observing a "commitment to ensuring that services are relevant to the local community" and a "willingness to use its connection with the local community to raise service users' voices in decision making".

Mind in Harrow was selected by Kensington Palace via national Mind for a visit by the Duke and Duchess of Cambridge to celebrate World Mental Health Day on 10 October 2015, because of our work with young people to promote mental wellbeing. Pictures of the visit below.



