

HUG Newsletter

Summer
2022

Harrow User Group
June 2022



Upcoming Event

Harrow User Group Forum

The next Harrow User Group Forum will be held on

Thursday 30th June 2022

12.30pm – 3pm

Harrow Baptist Church
College Road
Harrow
HA1 1BA

Please do attend

Feedback from the last Harrow User Group Forum – April 2022

The focus of the Harrow User Group forum in April 2022 was Reconnecting and hearing updates about services from the key agencies: Harrow Council, CNWL, Rethink and Mind in Harrow.

HUG members were informed about changes since the last face to face HUG forum and the services available in Harrow and also had the opportunity to provide feedback about their experiences of services in Harrow. The key points raised were:

- Changes to services and Joined up working: Service providers to engage regularly with service users to inform them of any collaborative working and changes in practice and to make time to hear their views. There needs to be a greater understanding of service user input into Co-Production
- Borough wide services: With all current developments and changes across the borough people feel that there are gaps in service provision and that there is a need for clear signposting to services available
- The Bridge - services: Services that people once enjoyed at are no longer available and have instead been replaced with different focus. People felt this has happened without any consultation. Currently the service has an emphasis on short term recovery which does not take account of the needs of service users with long term mental ill health
- The Bridge - support plans: There is general confusion about support plans. Service users asked for clarity on:
 - What a support plan is and what is it used for?
 - What are their rights in relation to one being developed one?
 - Service Users want a copy of their support plan to be given to them immediately after it is completed
 - All support plans need to be completed collaboratively and signed by both parties
 - Service Users would like an accessible leaflet to be produced and distributed

HUG WORK

Northwick Park MH Unit ward visits

HUG reps are now providing a regular time to meet with people at NPH MH unit to provide information, signposting and support in preparation for discharge.

On Your Side: Volunteer Recruitment

This is a service offering specialist mental health advocacy and information to help people overcome problems with welfare benefits or mental health services. Recruitment for new volunteers is due to start and so if you are interested in becoming a volunteer please check the Mind in Harrow website for details.

Quarterly Newsletter

The HUG reps will be producing a quarterly newsletter and any contributions will be welcome.

Please send your contributions to Ann Holmes for inclusion in the next edition:

a.holmes@mindinharrow.org.uk

Tel: 020 8426 0929

Send us your ...

Articles ~ Stories ~ Experiences ~

Opinions ~ Poems ~ Drawings ~

Photographs

... and see them in the next newsletter!



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