

**13-18?
JOIN HARROW'S FIRST**

**DRUGS & WELLBEING
AWARENESS COUNCIL**



**5TH-16TH
AUGUST 2024**

FIND OUT MORE



WHAT IS THE DRUGS & WELLBEING AWARENESS COUNCIL?

It's a new project set up by Compass Elevation (Harrow's drug and alcohol service for young people) and Mind in Harrow (a mental health charity).

We're getting a group of 13-18-year-olds together to find out about, research and campaign around the relationship between mental wellbeing, drugs & alcohol.

You'll take part in 8 sessions, where we'll be joined by experts on health & wellbeing, using substances as medication, drugs & the law, and more. You will have the opportunity to reflect on what you've learnt and lead a piece of research or a campaign of your choosing.

WHERE WILL IT BE?

The Compass Elevation office,
TwentyOne Building, 21 Pinner
Road, Harrow HA1 4ES

AND WHEN?

Weekdays, between Monday 5th
and Friday 16th of August 2024.

The exact times will be shared
nearer the time.

WHAT'S IN IT FOR ME?

- £10 in shopping vouchers per session attended!
- Travel expenses paid!
- Specialist training from experts in mental health, drugs, science and activism
- Healthy conversations with a group of like-minded people
- Personalised support and mentoring from Compass Elevation & Mind in Harrow
- Have your voice heard and make a difference in the community
- Great experience to highlight in CVs and UCAS applications

**SCAN THE QR
TO FIND OUT MORE,
JOIN AN INFO
SESSION, &
REGISTER INTEREST**

