

Our monthly BIGGER Conversation events are starting again.

Do you need help with adult social care, being an unpaid carer, understanding benefits and support, navigating services and any support for your health and wellbeing?

IT'S
BIG

Connect with the people and organisations that can support you. Meet Adult Social Care, Citizens Advice and a wide range of local charities and community groups offering advice, guidance, practical help and opportunities to get involved in your community.



Put the kettle on, start the conversation.

Venue: St Peter's Church
Sumner Road
Harrow HA1 4BX

Email: ccafe@harrow.gov.uk
Call: 020 4583 4088



Time: 10am to 1pm

Tuesdays

04 August 2026
01 September 2026
06 October 2026
03 November 2026
01 December 2026

Connect • Support • Thrive
The right support, at the right time,
in the right place.



LONDON BOROUGH OF
HARROW